

Dementia Services



Registered charity number 296645

Oxfordshire – Spring 2018

Support Groups

The peer support group gives carers the opportunity to meet with others who understand some of what they are going through. Run by a facilitator, the sessions offer a chance to ask questions, get information and share experiences in a safe and supportive environment.

- **Didcot** 1st Thursday of each month between 10.00am – 11.30am, at Didcot Health Centre, Britwell Rd, Didcot, OX11 7JH
- **Oxford** 3rd Tuesday of each month between 10.30am and 12 noon, at Risinghurst Community Centre, Kiln Lane, Risinghurst, OX3 8HA
- **Thame** 1st Wednesday of each month between 10.30am – 12 noon, in Ground Floor Room, Thame Library, 3 North Street, Thame, OX9 3AJ
- **Witney** 1st Monday of each month between 1.30pm – 3pm, at 'the Blue Lounge', Richmond Village, Coral Springs Way, Witney, OX28 5DG

Singing for the Brain®

Singing for the Brain is a social activity for people with dementia and their carers, enabling them to sing along with others who are in a similar situation, in a stimulating and safe environment. The sessions enhance communication and sense of wellbeing and include a wide variety of familiar and new songs.

- **Banbury** 1st and 3rd Monday of each month between 10.30am – 12 noon, (not on Bank Holidays), at St Paul's Church Centre, Prescott Ave, Banbury, OX16 0LR
- **Grove** 2nd and 4th Monday of each month between 2pm – 3.30pm, at St John's Church, Main St, Grove, OX12 7LQ
- **Oxford** 2nd and 4th Thursday of each month between 2pm – 3.30pm, at Risinghurst Community Centre, Kiln Lane, Risinghurst, OX3 8HA

Group Coordinators across Oxfordshire:

- **South Oxfordshire:** Kate Czczeko M: 07889 604 599
- **North Oxfordshire:** Jennie Cook M: 07803 115 952

Dementia Cafés

The cafés provide people with dementia and carers a platform to talk openly about living with dementia and other services available locally, within a relaxed and informal environment. They also hear from a variety of guest speakers including health and social care professionals and representatives from the local community.

- **Abingdon** Last Wednesday of each month between 2pm – 3.30pm, at The Peachcroft Centre, Lindsay Drive, Abingdon, OX14 2RT
- **Banbury** Second Wednesday of each month between 2pm – 3.30pm, at Housing and Care 21, Stanbridge House, Ruskin Road, Banbury, OX16 9FZ
- **Bicester** Last Wednesday of each month between 10.30am and 12 noon, at The Rainbow Room, Bicester Methodist Church Hall, Bell Lane, Bicester, OX26 6JQ
- **Kidlington** Last Monday of each month between 2pm – 3.30pm, at Kidlington Baptist Church, High Street, Kidlington, OX5 2DS
- **Oxford** First Tuesday of each month between 10.30am-12 noon, at Risinghurst Community Centre, Kiln Lane, Risinghurst, OX3 8HA
- **Watlington** Last Tuesday of each month between 10.30am – 12.00pm, at Watlington Sports Pavilion, Shirburn Rd, Watlington, OX49 5BZ
- **Witney** Third Wednesday of each month between 10.30am – 12 noon, at Richmond Village, Coral Springs Way, Witney, OX28 5DG

Dementia Support

Dementia support workers offer information and practical guidance to help people understand dementia, cope with day-to-day challenges, and the importance of getting financial affairs in order and prepare for the future. They offer support face to face, over the phone, by email, or in writing. Dementia Support Workers are there to explain about the condition as well as signposting people to the support services available.

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| South Oxfordshire Dementia Support Worker / Group Coordinator | Kate Czczko | M. 07889 604 599 |
| North Oxfordshire Dementia Support Worker / Group Coordinator | Jennie Cook | M. 07803 115 952 |

If you are interested in finding out more about any services provided by Alzheimer's Society Oxfordshire, please contact us on 01235 531 989 or Email: oxford@alzheimers.org.uk

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oxford@alzheimers.org.uk

Alternatively, you are also able to receive information by calling the Alzheimer's Society
National Dementia Helpline on 0300 222 1122

WITNEY DEMENTIA SUPPORT



Richmond Care Village,
Coral Springs Way, Witney, OX28 5DG

Dementia Café

The café provide people with dementia and carers a platform to talk openly about living with dementia and other services available locally, within a relaxed and informal environment.

Our Dementia Café takes place at:

Richmond Care Village, Coral Springs Way on the Third Wednesday of each month between 10.30am – 12 noon

Peer Support

The group offers carers the opportunity to meet with others who understand some of what they are going through. Run by a facilitator, the sessions offer a chance to ask questions, get information and share experiences in a reassuring, confidential safe place.

Our Peer Support Group takes place at:

Richmond Care Village, Coral Springs Way on the first Monday of each month between 1.30pm – 3pm in the Blue Lounge

If you have any questions please get in touch:

Tel: 01235 531 989 or Kate Czczeko on 07889 604 599



Alzheimer's Society operates in England, Wales and Northern Ireland.
Registered charity number 296645.

WITNEY DEMENTIA CAFE



Richmond Village,
Coral Springs Way, Witney, OX28 5DG

The cafés provide people with dementia and carers a platform to talk openly about living with dementia and other services available locally, within a relaxed and informal environment

Our Dementia Café sessions take place at:

Richmond Village, Coral Springs Way on the third Wednesday of each month between 10.30am – 12noon

Please join us at the following dates and times:

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|--------------------------------|---------------------------------|
| 21 st February 2018 | 15 th August 2018 |
| 21 st March 2018 | 19 th September 2018 |
| 18 th April 2018 | 17 th October 2018 |
| 16 th May 2018 | 21 st November 2018 |
| 20 th June 2018 | 19 th December 2018 |
| 18 th July 2018 | |

If you have any questions please get in touch

T: 01235 531 989 E: oxford@alzheimers.org.uk
or call Kate Czczko, Group Support Worker,
on 07889 604 599



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